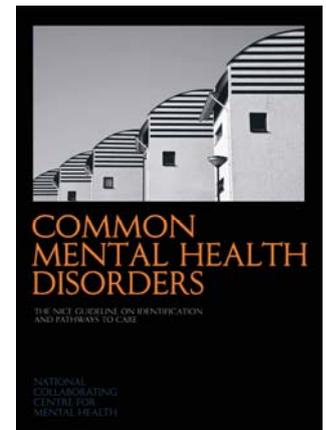


Common Mental Health Disorders

The NICE Guideline on Identification and Pathways to Care

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Authors

National Collaborating Centre for Mental Health (section of the Royal College of Psychiatrists).

About the book

- Up to 15% of the population may be affected by common mental health disorders at any one time.
- Aims to **improve access to services and recognition** of common mental health disorders in adults, and provide advice on the principles that need to be adopted to develop appropriate referral and local care pathways.
- Unique because it brings together treatment and referral advice from existing guidelines combined with new recommendations on access, identification, and developing care pathways.
- Commissioned by the National Institute for Health and Clinical Excellence (NICE).
- A new development method was formulated specifically for this guideline.
- Covers depression, generalised anxiety disorder, panic disorder, obsessive-compulsive disorder and post-traumatic stress disorder.
- The CD-ROM contains all of the evidence on which the recommendations are based, presented as profile tables (that analyse quality of data) and forest plots (plus, info on using/interpreting forest plots). This material is not available anywhere else.

Readership

Primary care practitioners, managers and commissioners are the main audience, although other mental health professionals will also find it useful.

Related titles

RCPsych Publications have co-published all other titles in this series, other 2011 guides include: ***Psychosis with Coexisting Substance Misuse*** (ISBN 978 1 908020 30 7), ***Generalised Anxiety Disorder in Adults*** (ISBN 978 1 904671 42 8) and ***Alcohol Use Disorders*** (ISBN 978 1 904671 26 8).