**Loving Each Other Safely**

*From the Books Beyond Words series*

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**BIC subject:** JNSG

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**Price:** £10  
**Text language:** English

**Authors**

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Illustrated by Catherine Brighton.

**About the book**

In the *Books Beyond Words* series the story is told through pictures only. They are for adults with learning/intellectual disabilities, but are useful for anyone with communication difficulties.

This book helps explain what you need to do to stay healthy and safe in a loving sexual relationship. Ed is jealous of all the couples around him and wishes he had a girlfriend. He fancies Lauren when they meet playing football but initially he doesn’t understand how to manage his feelings. Ed’s brother gives him advice and he and Lauren start going out. The book explains about safe sex and covers visiting a sexual health clinic.

- Text at the back of the book includes: guidance for supporters and carers on using the book, a suggested storyline, plus details of other helpful resources and relevant organisations.
- Advice is given about: masturbation, starting a relationship; knowing when you are ready for sex and consent; contraception; and sexually transmitted infections (STIs).

**Readership**

Anyone who works with or cares for people with learning disabilities. Also, social, community and advocacy workers.

**Related titles**

Also in the series *Falling in Love*, ISBN 978-1-901242-32-4 and *Looking After My Balls*, ISBN 978-1-904671-05-3. There are over 25 different titles in the *Books Beyond Words* series, such as: *Going to the Doctor, Mugged, When Mum Died, Looking After My Breasts* and *Speaking Up For Myself.*